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Discover treatment options for Erectile Dysfunction



Treatment options for ED

It is estimated that more than half of men over 40 have some degree of erectile dysfunction (ED).¹ ED can be equally devastating for both a man and his partner. The good news is there are a variety of treatment options available to help men address ED.

Treatment options have varying degrees of success for each man and may depend on the cause of the ED. Irreversible vessel or nerve damage may impact the success of some of these treatments. For example, oral medications may not work as well for some men who have diabetes. According to one study, about 50% of men with ED stop oral medications due to side effects, cost, or because the medications stop working for them.²

Alternative treatment options include self-injections, vacuum erection devices (VEDs), and penile implants. A penile implant is a long-term treatment option for ED, whereas self-injections and VEDs are considered short-term or temporary treatment options.

It's important to talk to your doctor to determine which treatment option may be appropriate for you and your lifestyle. An ED doctor can help you navigate your treatment journey. You are not alone.

Take the next steps

Erectile Dysfunction (ED) can limit intimacy, affect self-esteem, and impact partner relationships. But there's good news – ED is treatable. Learn more about available ED treatment options at www.EDCure.com.

- ▶ **Talk with a doctor who specializes in ED about the available treatment options, including implants**
 - Need help finding a doctor near you? Visit our physician locator at www.EDCure.com.
 - Contact a Patient Educator at MHPatientEducation@bsci.com or **1-844-4ED-CURE** (1-844-433-2873).
- ▶ **Hear from someone who's been there**
 - Watch real patient stories in the HARD docuseries at www.EDCure.com.
 - Email MHPatientEducation@bsci.com or call **1-844-4ED-CURE** (1-844-433-2873) and inquire about our Patient Champions, who found treatments for ED that worked for them.

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Overview of treatment options for ED

Individual results may vary. Consult with your doctor to decide the option most suited for you.

	Patient satisfaction and outcomes	Possible side effects*	Product characteristics
<p>Penile implants</p> <p>In use since the 1970s, penile implants have helped hundreds of thousands of men return to an active sex life. A penile implant is a medical implant that is implanted into the penis during an outpatient procedure. The implant is entirely concealed within the body. To operate an inflatable penile implant, one squeezes and releases the pump, located in the scrotum, to achieve an erection. To return the penis to a natural flaccid state, the deflate button located on the pump bulb is depressed.</p> 	<p>In a survey of 194 patients who received an AMS 700™ Penile Implant with a Momentary Squeeze (MS) Pump™ and 165 partners:</p> <ul style="list-style-type: none"> • 95% of patients were very satisfied or satisfied with their sexual intercourse³ • 90% of partners reported that sexual intercourse was very good or good³ <p>In a survey of 78 patients who received the AMS 700 Penile Implant, 97% would recommend a penile implant to a friend⁴</p>	<ul style="list-style-type: none"> • Organic erections and other ED treatments are no longer possible • Infection, in which case the implant may have to be removed • Pain, which is typically associated with the healing process • Mechanical failure of the implant • Device replacement 	<ul style="list-style-type: none"> • Designed to be a long-term treatment for ED • Spontaneous – you can activate the implant when the mood strikes • Once activated, the erection can last as long as desired • Entirely contained inside the body – no one knows you have an implant unless you tell them • Designed to feel natural during intercourse • Typically does not interfere with ejaculation or orgasm
<p>Vacuum erection devices (VEDs)</p> <p>In use since the 1980s, a vacuum erection device consists of a hollow plastic tube, a vacuum pump, and a tension ring. With the tube placed over the penis, the pump creates a vacuum that pulls blood into the penis. Once an erection is achieved, an elastic tension ring is placed at the base of the penis to help maintain the erection.</p> 	<ul style="list-style-type: none"> • VED satisfaction rates range from 68-80% in postprostatectomy patients⁵ • VED success rates range from 80-92% after radical prostatectomy⁶ 	<ul style="list-style-type: none"> • Penile bruising/burst blood vessels • Penile pain/discomfort • Penile numbness 	<ul style="list-style-type: none"> • Delayed ejaculation or failure to ejaculate • Cool or different-colored erection • Non-invasive • Drug free • Cost effective
<p>Self-injections</p> <p>In use since the 1980s, injection therapy uses a needle to inject medication directly into the base or side of the penis. These medications improve blood flow into the penis to cause an erection.</p> 	<ul style="list-style-type: none"> • Studies show ~40–60% of patients were satisfied⁷ • Clinical studies report ~60-86% success rates^{8,9} 	<ul style="list-style-type: none"> • Penile pain • Prolonged erection • Penile fibrosis 	<ul style="list-style-type: none"> • Injection site hematoma • Penile curvature • Palpable plaque • Injected with a needle into the corpus cavernosum • Onset of erection: 5-20 mins • Refrigeration required
<p>Oral medications</p> <p>Most men with ED start with Phosphodiesterase type 5 (PDE-5) inhibitor pills such as Viagra™, Levitra™, Cialis™, and Stendra™. These may improve blood flow to the penis, and with sexual stimulation, may help you achieve an erection.</p> 	<ul style="list-style-type: none"> • One study reported 65% of patients were satisfied with the level of sexual function with sildenafil citrate (Viagra)¹⁰ 	<ul style="list-style-type: none"> • Dyspepsia • Back pain • Myalgia <p>Administration of PDE-5 inhibitors to patients using any form of organic nitrate is contraindicated</p>	<ul style="list-style-type: none"> • Nasal congestion • Flushing • Pain in limb • Non-invasive • Available in different dosages and strengths • Onset of erection: 30 minutes to 1 hour • Food interaction: Refer to PDE-5 inhibitor prescribing informative for interactions with food

* Not a complete list of all possible side effects. Refer to product labeling for a complete list of adverse reactions and contraindications.