



Talking to your partner who has ED

ED affects both of you and can result in frustration, anger and less intimacy. To show your support, get informed, choose your moment and let him know he is not alone.

Casual Approach:

- Honey, I love you and I am here to help with whatever is on your mind. Do you want to talk about it?
- I love when we spend time together, and I like it best when you hold me. What can we do to get those moments back?
- We have a great relationship and I enjoy being with you, but things haven't been the same between us.

Direct Approach:

- I know sex may be hard to talk about, but we need to address the ED. There are treatment options available and I want to help.
- There are a lot of couples that face this issue. I am here for you. We could talk to your doctor. What do you want to do?
- We work hard on our relationship, so let's work hard on overcoming erectile dysfunction.