



Talking to your partner

Talking to your partner about erectile dysfunction can be difficult. But taking a first step can lead to a shared journey. You may be surprised by what your partner is thinking.

Casual Approach:

- Can we talk about why we have stopped having sex?
- There is something on my mind and I find it difficult to talk about.
- The fact is, I haven't been able to make love with you. I want to change that.
- I know we have been distant lately. I think it is me. I am afraid to start anything in the bedroom in case I can't finish.

Direct Approach:

- Hey, can we talk about our sex life a bit?
- I have trouble in bed sometimes. I'm afraid it might be erectile dysfunction.
- It seems my medication has a specific side effect. Let's call a doctor and see if there's something else we can try.
- I'm going to do something about erectile dysfunction and I want your help.